2016 CANTEEN MENU

The EMPS Canteen is open Monday to Friday

Recess: 10.30 - First Siren
Lunch: 12.50 - First Siren

To Order: Please place order on a piece of paper with:
Name of Child
Room
Order with total of money given. (Change will be returned with order)
Place order & money into a ZIPLOCK bag (located on the counter).
Seal & place through the canteen door.
Orders must be done before 9.30am
(No orders accepted after this time)

ALL MENU ITEMS ARE SUBJECT TO AVAILABILITY. IF WE RUN OUT PLEASE TRY SOMETHING ELSE FROM THE MENU.

The EMPS Canteen adheres to the Traffic Light System:

Green: (G) Recommended for everyday consumption
Amber: (A) Not recommended for everyday consumption
Red: (R) Not permitted in WA public School Canteens

EMPS CANTEEN POLICY

We will endeavour to provide a healthy eating menu available to all staff and students at EMPS and are committed to following WA School Canteen Association recommendations in order to achieve this.

AVAILABLE EVERY DAY

(G) Water $1.00
(G) Just Juice $1.50
(Apple, Apple & Blackcurrant, Orange, Tropical)
(G) Chill Flavoured Milk $2.00
(Banana, Caramel, Choc-mint, Chocolate, Strawberry)
(G) Slushies $2.00

RECESS ONLY

(G) Pikelet (two) $0.50
(G) Fresh Fruit Portions in Season $0.30
(G) Popcorn $0.50
(G) Cheesie $1.30
(G) Yoghurt $1.50
(G) Yogo (Chocolate only) $1.80
(A) Good eating Party Pie $1.20
(A) Sausage Roll $1.20
(A) Sweet Chilli Strip $2.00
(A) Hash Brown $1.00
(A) Yummy Drummy $1.50
(A) Ham & Cheese Pinwheels $2.00

Everyday Menu – LUNCH ONLY

(G) Sandwiches (Rolls $0.50 extra)
Vegetemite $2.00
Cheese $2.00
Cheese & Vegemite $2.50
Cheese & Salad $2.50
Cheese & Carrot $2.20
Baked Beans $2.00
Ham $3.00
Ham & Salad $3.50
Ham, Cheese & Pickles $2.50
Chicken $3.00
Chicken & Salad $4.00
Chicken, Cheese, Lettuce & Mayo $3.80
Chicken, Avocado & Mayo $4.00
Tuna $2.50
Tuna, Mayo, Cucumber & Spring Onion $3.50
Plain or Curried Egg $2.00
Salad $2.50
Toasted Ham, Cheese, Tomato $3.80
Toasted Ham & Cheese $3.50
Toasted Chicken, Cheese, Mayo $3.80
Toasted Chicken, Cheese & Tomato $4.00
Chicken or Ham wrap with Salad $4.50

ICE CREAMS AND ICY POLES

(G) Icy Pole $0.50
(A) Paddle Pop $1.50
(chocolate, banana, rainbow)
(A) Vanilla Ice-cream light cup $1.00
(A) YogoNice Frozen Yoghurt $1.50
(Vanilla, Strawberry, mango)

DAILY LUNCH SPECIALS

MONDAY
(G) Chicken Burger with Salad* $4.50
(G) Fried Rice $4.00

TUESDAY
(G) Beef Burger & Salad $5.00
(G) Lasagne and salad* $4.50

WEDNESDAY
(G) Mac & Cheese $4.50
(G) Sweet Chilli Sub $4.50

THURSDAY
(G) Fish and Chips $5.00
(A) Chicken Nuggets & Chips $4.50

FRIDAY
(A) Pizza $3.50
(A) Hot Dog $3.50
(A) Pie & Sauce $4.00

*Salad contains lettuce, tomato, carrot, alfalfa, cheese, with chilli sauce or mayo