



CANTEEN HOURS: MONDAY TO FRIDAY.

8AM – 2PM

ORDERS IN BEFORE 10.50AM.

EFTPOS AVAILABLE.

TO ORDER: Place name, area and order on bags provided and hand into the canteen window or door slot.

EMPS CANTEEN POLICY

We will endeavour to provide a healthy canteen menu available for all students and staff at EMPS. We are committed in following the Traffic Light System provided by WA School Canteen Association in order to achieve this.

Traffic Light System

Green (G) – recommended for everyday consumption.

Amber (A) – not recommended everyday consumption.

Red(R) – not permitted in WA Public Schools.

DRINKS – ALL DAY

- (G) Water 600ml \$1.00
- (A) Juice Box 250ml \$1.60
- Tropical, Apple, Apple & Blackcurrant
- (G) Flavoured milk 300ml \$2.30
- Choc, Strawberry, Spearmint, Banana.
- (G) Chill J 200ml (lunch only) \$2.30
- Grape, Raspberry, Watermelon
- (G) Up & Go 250ml \$2.60
- Chocolate, strawberry, vanilla
- (G) Plain milk with Sipahh straw \$2.00

CRUNCH & SIP \$1.00 EACH

- (G) Fruit cup, apple slinky, piece of fruit.

RECESS ONLY – YR1 TO YR6

- (G) Cheesy \$1.00
- (G) Pikelets 2 for 50c
- (G) Yoghurt-straw, vanilla \$2.00
- (G) Popcorn Bag 20g \$1.00
- (G) Pizza Slice \$1.00
- (A) Hash browns-Tues & Thurs only \$1.00

ICE CREAMS – YR1 TO YR6

LUNCH TIME ONLY

- (A) Moosles \$1.50
- Strawberry, Choc, Blue.
- (G) Icy Poles 50c
- (A) TNT Ice Block \$1.00

EVERYDAY LUNCHES

(G) Sandwiches on Wholemeal Bread.

- Salad \$3.00
- Egg \$2.50
- Tuna \$3.00
- Chicken \$3.00
- Ham \$3.00
- Cheese \$2.00
- Vegemite \$2.00

Sandwich EXTRAS

- Salad \$2.00
- Mayo 50c
- Cheese 50c
- Roll 50c
- Toasted 20c

- (G) Salad Tray \$6.00
- Lettuce, grated carrot, Cucumber, Tomato, Grated Cheese and ½ boiled egg
- EXTRA- Chicken, Tuna, Ham \$1.00

HOT MEALS

HOMEMADE

- (G) Vegetable Fried Rice (V, H,GF) \$5.00
- (G) Butter Chicken & Rice \$5.00
- (G) Twisty Bolognese \$5.00
- (G) Mac & Cheese- (V) \$5.00
- (G) Gluten Free Lasagna (GF) \$5.00

Daily Canteen Specials.

Monday

(A) Cruiser Beef Pie	\$4.00
(A) Sausage Roll	\$3.00
(A) Party Pies	\$1.00
(G) Tomato Sauce	.20c
(A) Halal Sausage Roll	\$3.50

(G) Pizza	\$4.00
* Pineapple Paradise-cheese, ham, pineapple	
* Ham Hero-ham & cheese	
* Meat Lovers-cheese, ham, bacon, pepperoni.	
* Very Vegetarian(H),(V)-cheese,tomato,olives,onion	
* BBQ Chicken- BBQ sauce, cheese,chicken.	

Tuesday

(A) Steggles Nuggets and Corn (H)	\$4.00
4 x Steggles chicken nuggets served with a Warm corn cob.	

(A) Hotdog with sauce	\$4.00
A Frankfurt sausage with tomato or BBQ sauce Served in a white bun.	
(A) ½ portion Hotdog with sauce	\$2.00

Wednesday

(G) Chicken Strip Wrap (H)	\$5.00
Steggles chicken strip with lettuce, carrot Tomato and mayo wrapped in a wrap.	
(G) ½ portion chicken strip wrap	\$2.50

(A) Cruiser Pie	\$4.00
(A) Sausage Roll	\$3.00
(A) Halal Sausage Roll	\$3.50
(A) Party Pie	\$1.00
(G) Tomato Sauce	20c

Thursday

(G) Pizza	\$4.00
*Pineapple Paradise – Cheese, ham & pineapple.	
*Ham Hero – cheese & ham.	
*Meat lovers – cheese, ham, bacon, pepperoni.	
*Very vegetarian(H),(V)-cheese,tomato,olives,onion.	
*BBQ Chicken-(H)BBQ sauce,chicken,cheese.	

(G) Hamburgers (H)	\$5.00
Chicken or beef burger with lettuce, tomato, Carrot, mayo and tomato sauce on a fresh bun.	

Friday

(G) Nacho Dippers	\$5.00
Crunchy corn chips paired with a Bolognese Sauce and topped with cheese	

